

Right Rewards Worksheet

Rate the following from 1-5, 1 being not at all and 5 being all the time.

1. Do I have a good combination of long and short term rewards?	
2. Are my rewards reinforcing my child's positive behaviors?	
3. Are my rewards the appropriate size?	
4. Am I consistent in giving rewards?	
5. If a reward is no longer reinforcing, am I able to adjust the reward in a timely fashion?	